

YOUR skin care INGREDIENT GUIDE

Be in the know when it comes to common skin care ingredients. Use this guide to ace skin care ingredient education by learning ingredient names and benefits.



INGREDIENT	BENEFITS	FOUND IN	CATEGORY
ACTIVATED CHARCOAL	Absorbs up to double its weight in impurities; helps unclog pores	<i>Clear Proof</i> [®] Deep-Cleansing Charcoal Mask	Cleansing
ALPHA HYDROXY ACID (ALSO KNOWN AS AHA, SUCH AS GLYCOLIC ACID)	Helps buff away dead skin cells with chemical exfoliants	<i>TimeWise Repair</i> [®] <i>Revealing Radiance</i> [®] Facial Peel	Exfoliating
ALPINIA GALANGA LEAF (ALSO KNOWN AS GALANGAL)	Supports skin's natural support structure	<i>TimeWise Repair</i> [®] <i>Volu-Firm</i> [®] Advanced Lifting Serum	Age-Fighting
AMLA FRUIT EXTRACT (ALSO KNOWN AS <i>PHYLLANTHUS EMBLICA</i> EXTRACT)	Helps keep skin healthy looking and supports skin's natural structure	<i>TimeWise Replenishing Serum C+E</i> [™]	Antioxidant
ANTIOXIDANT	Protects skin health and protects against premature skin aging	<i>Botanical Effects</i> [®] Regimen, <i>Satin Lips</i> [®] Shea Butter Balm, <i>TimeWise Miracle Set 3D</i> [®] , <i>TimeWise Replenishing Serum C+E</i> [™] and <i>Mary Kay Naturally</i> [®] Nourishing Oil	Age-Fighting + Antioxidant
CERAMIDE	Helps improve skin hydration and support normal barrier function	<i>Mary Kay Clinical Solutions</i> [®] HA + Ceramide Hydrator	Moisturizing
FATTY ACIDS	Enhances skin hydration by preventing moisture loss	<i>Botanical Effects</i> [®] Regimen and <i>Mary Kay Naturally</i> [®] Nourishing Oil	Emollient
GLYCOLIC ACID	Enhances skin's own renewal process	<i>TimeWise Repair</i> [®] <i>Revealing Radiance</i> [®] Facial Peel	Exfoliating
GOTU KOLA (<i>CENTELLA ASIATICA STEM CELLS</i>)	Helps support the natural framework of skin	<i>TimeWise Repair</i> [®] <i>Volu-Firm</i> [®] Advanced Lifting Serum	Age-Fighting
HYALURONIC ACID (ALSO KNOWN AS <i>SODIUM HYALURONATE</i>)	Cushions skin, holds onto moisture and plumps skin	<i>Mary Kay Clinical Solutions</i> [®] HA + Ceramide Hydrator and <i>TimeWise Repair</i> [®] <i>Volu-Fill</i> [®] Deep Wrinkle Filler	Moisturizing
PEPTIDES	Can help improve the appearance of sagging skin and wrinkles, helps contribute to younger-looking skin, supports skin's natural support structure. Function is peptide-dependent	<i>TimeWise Miracle Set 3D</i> [®] and <i>TimeWise Repair</i> [®] <i>Volu-Firm</i> [®] Set	Age-Fighting
RESVERATROL	Evens skin tone, fights visible signs of aging, protects the skin's surface, supports natural collagen and elastin and helps prevent premature lines and wrinkles	<i>Daily Benefits Antioxidant</i> , <i>Mary Kay Clinical Solutions</i> [®] C + Resveratrol Line-Reducer and <i>TimeWise Miracle Set 3D</i> [®]	Age-Fighting + Antioxidant
RETINOL (ALSO KNOWN AS <i>VITAMIN A</i>)	Supports skin's natural support structure, helps reduce the appearance of fine lines and wrinkles, helps tone, tighten and firm	<i>TimeWise Repair</i> [®] <i>Volu-Firm</i> [®] Night Treatment With Retinol and <i>Mary Kay Clinical Solutions</i> [®] Retinol 0.5	Age-Fighting + Antioxidant
SALICYLIC ACID (ALSO KNOWN AS <i>BETA-HYDROXY ACID</i>)	Helps remove dead skin cells, helps keep pores unclogged to reduce build-up of P. acnes bacteria	<i>Clear Proof</i> [®] Clarifying Cleansing Gel and <i>Clear Proof</i> [®] Blemish Control Toner*	Acne-Fighting + Exfoliating
SQUALANE	Helps support the skin barrier and reduces dryness	<i>Mary Kay Naturally</i> [®] Nourishing Oil and <i>Mary Kay Naturally</i> [®] Moisturizing Stick	Moisturizing + Emollient
VERBENA OFFICINALIS EXTRACT	Supports skin's natural production of natural moisturizing factor (NMF)	<i>Mary Kay Clinical Solutions</i> [®] HA + Ceramide Hydrator	Moisturizing
VITAMIN C (ALSO KNOWN AS <i>ASCORBIC ACID</i>)	Visibly impacts radiance, brightens and evens the appearance of skin tone, supports skin's natural support structure, helps reduce the appearance of fine lines and wrinkles	<i>Mary Kay Clinical Solutions</i> [®] C + Resveratrol Line-Reducer and <i>TimeWise Replenishing Serum C+E</i> [™]	Age-Fighting + Antioxidant
VITAMIN E (ALSO KNOWN AS <i>TOCOPHERYL ACETATE</i>)	Helps protect against the visible signs premature skin aging	<i>TimeWise Replenishing Serum C+E</i> [™] , White Tea & Citrus <i>Satin Body</i> [®] Silkening Shea Lotion, <i>Mary Kay Naturally</i> [®] Nourishing Oil and <i>Mary Kay Naturally</i> [®] Purifying Cleanser	Age-Fighting + Antioxidant